

# Abstract

***Name of the essay:*** Current trends in teaching children skiing

***Aim of the essay:*** The aim of the study was to gather available instructional materials, documents relating to skiing preschool and young school children.

***Methods:*** This is a literature search based on an analysis of documents.

***Results:*** The sources obtained showed that ski lessons preschool age and school age can be done three different ways, namely: skiing under the guidance of parents, participation in the "schools" ski course or paid teaching in commercial ski school.

When teaching skiing led by parents, parent participation benefit the most will appreciate the youngest children in full started. It is suitable for positive incentives to attract more skiing skills. The disadvantage of skiing with my parents is the possibility of non-professional teaching at a child that can lead to unmotivation.

In the school skiteaching is the course led by school teacher, backed by a professional instructor, ensuring quality teaching methodical sequence. The advantage is that the teacher knows the children's long and can have individual access. Another advantage is that the ski skills to meet a group of unsportsmanlike children who would not come into contact with skiing. Difficulty of this course is to motivate unsportsmanlike children. The downside is the only one skicourse during compulsory school attendance.

Teaching in the commercial ski school has the greatest advantage in quality, material, space and personnel security. Classes are usually either equally skilled teams of children, or individual "private" lessons. The disadvantage is financial difficulty.

***Keywords:*** preschool and younger school-age child, ski instructor, ski lessons, ski scho